

Jan. 10-Jan. 16

This schedule includes programs televised to our in-house TV channel 1340 and limited in-person activities in the PAC

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10</p> <p>11 a.m. - Nondenominational Worship Service - 1340</p> <p>1 p.m. - YouTube Program: Gershwin Documentary - 1340</p> <p>3 p.m. PAC Matinee: <i>The Englishman Who Went up a Hill and Came Down a Mountain</i> [10 max, first come please arrive at 2:45 for screening with hall monitor]</p>	<p>11</p> <p>9 a.m. - Stretch & Breathe 1340</p> <p>10 a.m. - Yoga with Deborah - 1340</p> <p>11 a.m. - Balance Class - 1340</p> <p>1pm - Variety Film Series: <i>Now You See Me</i> - PAC (limit 10 — first come)</p> <p>2pm - 1340 Film Musical: <i>Annie Get Your Gun</i></p> <p>3:30pm - Dulcimer Rehearsal PAC</p>	<p>12</p> <p>9 a.m. - Gentle Yoga – 1340</p> <p>10 a.m. - Strength Class 1340</p> <p>11 a.m. - Tai Chi - on 1340</p> <p>12 p.m. - Update with Michelle on 1340</p> <p>1 p.m. <i>Reading</i> with June Finer on 1340</p> <p>2 p.m. - Virtual Birthday Greeting for January Celebrants - 1340</p> <p>2:30 p.m. - 1340 Movie: <i>The Audrey Hepburn Story</i></p> <p>3 p.m. PAC Movie Matinee: <i>Closer to the Moon</i> [10 max, first come please arrive at 2:45 for screening with hall monitor]</p>	<p>13</p> <p>9 a.m. - Stretch & Breathe 1340</p> <p>10 a.m. Balance Class - 1340</p> <p>11 a.m. - Yoga with Deborah - on 1340</p> <p>12 p.m. - Wellness FYI on 1340</p> <p>1 p.m. - Virtual Brainteasers on 1340</p> <p>2 p.m. - <i>E.B. White Essays</i> with Lucy Muller - 1340</p> <p>3 p.m. - 1340 Movie: <i>My Big Fat Greek Wedding 2</i></p>	<p>14</p> <p>9 a.m. - Gentle Yoga – 1340</p> <p>10 a.m. - Strength Class 1340</p> <p>11 a.m. - Tai Chi - on 1340</p> <p>12 p.m. - Wellness FYI on 1340</p> <p>1 p.m. - YouTube Presentation: <i>Live in Carnegie Hall: Music as Medicine</i> - 1340</p> <p>2 pm - YouTube National Geographic Program: <i>The Biggest Scientific Discoveries</i> -1340</p> <p>3:30 p.m. - Dulcimers Rehearsal - PAC</p>	<p>15</p> <p>9 a.m. - Stretch + Breathe - 1340</p> <p>10 a.m. - Yoga with Deborah 1340</p> <p>11 a.m. - Balance Class - 1340</p> <p>12 p.m. - Update with Michelle - 1340</p> <p>1 p.m. - Reading: <i>James Herriot's stories</i> with Frieda - 1340</p> <p>1:30 p.m. - Sports Trivia with Burt Metz - 1340</p> <p>2 p.m. - Demo: <i>How to Safely Get off the Floor</i> Deborah Moore - 1340</p> <p>3 p.m. Opera Matinee: <i>Mefistofele</i> - PAC [10 max, first come please arrive at 2:45 for screening with hall Monitor]</p>	<p>16</p> <p>11 a.m. – Estonia Travel Documentary: <i>A Baltic Road Trip Adventure</i> - on 1340</p> <p>1 p.m. - The Dean Martin Show: Gene Kelly; Liberace; Bob Newhart; Frank Sinatra - on 1340</p> <p>3 p.m. - PAC Movie Matinee: <i>Closer to the Moon</i> [10 max, first come please arrive at 2:45 for screening with hall Monitor]</p>
<p>In-Person Committee Meetings and Interest Groups are on hiatus until mid-January.</p> <p>Limited in-person events are scheduled in the PAC— 10 persons max.</p>		<p>We will be preparing one-week calendars for the foreseeable future. This week's calendar will be posted to Connected Living. If you would like to have a hard copy, some are available at Concierge and in the Mail Room.</p>				