



WEEK AT GLANCE

INDEPENDENT LIVING - DINNER

Monday January 8, 2017

- Soup: French Onion **DF** AVAILABLE
- Salad: Garden Salad **VG GF DF**
- Entrees: Kidney Bean Coconut Curry **GF V GF**
Stuffed Cabbage Roll **DF**
Southern Style Beef Stew **GF**
- Sides: Mixed Vegetables/ Potatoes/ Broccoli/
Noodles
- Dessert: Pound Cake **V**

Tuesday January 9, 2017

- Soup: Cream of Asparagus **V**
- Salad: Garden Salad **VG GF DF**
- Entrees: Chicken Breast Florentine **GF AVAILABLE**
Kidney Bean Coconut Curry **GF V GF**
Beef Liver with Onions **GF AVAILABLE**
- Sides: Baked Potato/ Broccoli & Cauliflower/
Asparagus/ Rice
- Dessert: Apple Pie **V**

Wednesday January 10, 2017

- Soup: Turkey Vegetable **GF**
- Salad: Garden Salad **VG GF DF**
- Entrees: Kidney Bean Coconut Curry **GF V GF**
Cheese & Bean Burrito **V (GF AVAILABLE)**
Veal Parmigiana
- Sides: Zucchini & Tomatoes/ Asparagus/
Carrots/ Pasta
- Dessert: Brownie **V**

Thursday January 11, 2017

- Soup: Split Pea with Bacon **GF DF**
- Salad: Garden Salad **VG GF DF**
- Entrees: Bourbon & Brown Sugar Flank Steak
DF AVAILABLE
Spring Herb & Dijon Pork Tenderloin
GF (DF AVAILABLE)
Tomato Edamame Grilled Cheese
V (GF AVAILABLE)
- Sides: Potatoes/ Green Beans/ Rice & Beans/
Zucchini
- Dessert: Carrot Cake **V**

Friday January 12, 2017

- Soup: Italian Wedding
- Salad: Garden Salad **VG GF DF**
- Entrees: Tomato Edamame Grilled Cheese
V (GF AVAILABLE)
Chicken w/ Apricot & Cranberry Glaze
GF DF
Blackened Salmon **GF DF**
- Sides: Mixed Vegetables/ Carrots/ Orzo Pilaf/
Potatoes
- Dessert: New York Cheesecake **V**

Saturday January 13, 2017

- Soup: Chicken Noodle **GF (GF AVAILABLE)**
- Salad: Garden Salad **VG GF DF**
- Entrees: Tomato Edamame Grilled Cheese
V (GF AVAILABLE)
Vietnamese Style Pulled Pork
Sandwich
Vegetable Lasagna **V**
- Sides: Cauliflower/ Green Beans/ Garlic
Bread/ Rice
- Dessert: Chocolate Chunk Cookie **V**

Sunday January 14, 2017

- Bakery: Assorted Bagels/ Doughnuts/ Muffins **V**
- Soup: Creamy Crab & Vegetable Bisque **GF**
- Salad: Garden Salad **VG GF DF**
- Entrees: Lobster Mac & Cheese
Chicken Breast Piccata
Prime Rib **GF DF**
- Sides: Potatoes/ Asparagus/ Rice/ Carrots
- Featuring: Fresh Fruit/ Quiche/ Shrimp Cocktail/
French Toast/ Assorted Omelets/
Bacon/ Sausage/ Corned Beef Hash/
O'Brien Potatoes



Vegan



Vegetarian



Fit & Fresh



Gluten Free



Dairy Free

All Guest meals will include tax totaling 8%